

Jessie Jeanne Stinnett

www.jessiejeaneyogi.tumblr.com

BIO

Jessie Jeanne Stinnett began practicing yoga as a supplement to her career as a professional dancer. With 10+ years of practicing various forms, in various cities across the US and Europe, she was hooked by the universality and transformative power of the asanas. It was recognizing the universal, peaceful language that yoga offers to the inhabitants of the world that inspired her to embark on the path to become a yoga teacher. She may currently be found teaching regularly in London and the US while making performance art, and pursuing a master of fine arts degree from the famed Trinity Laban Conservatoire in Creative Practice and Somatics.

TEACHING EXPERIENCE

Chanel No. 5 <i>"Everyone is looking forward to each session and feels energised after it. I must say, Jessie is truly amazing and appreciated by everyone." -Frederique Rendell, Head of Marketing Chanel UK</i>	London, United Kingdom	Permanent Yoga Instructor
Stretch Yoga London http://www.stretchlondon.org	London, United Kingdom	Permanent Yoga Instructor
TripYoga http://www.tripspace.co.uk/studio/yoga/	London, United Kingdom	Permanent Yoga Instructor
FitMiBody https://www.fitmibody.com	London, United Kingdom	Permanent Yoga Instructor
Pure Fitness Shoreditch http://www.purefitnessshoreditch.com	London, United Kingdom	Yoga Instructor
Leyton Yoga http://www.leytonyoga.com	London, United Kingdom	Yoga Instructor
Brooklyn Music School http://www.brooklynmusicschool.org	Brooklyn, NY	Yoga Instructor
Dou Yoga http://www.dou-yoga.com	Brooklyn, NY	Yoga Instructor

TRAINING

Frog Lotus International | RYT 200, Yoga Alliance Certified

Trinity Laban Conservatoire of Dance and Music | MFA Somatic Creative Practice

The Boston Conservatory | BFA Contemporary Dance Performance

VIDEO <http://www.yokequarterly.com/open-issue-video-at-home-flow/>

TESTIMONIALS

MEL Lululemon Ambassador, Yoga Instructor, Canada

"Jessie teaches from the heart with compassion and joy. Her dance background shines through as her Vinyasa flow sequences are woven together with grace. An excellent instructor with a real gift, who truly practises what she teaches."

KAT Fitness Instructor, NYC

"Jessie is a kind, attentive teacher whose calming presence makes you instantly trust her to take you to a new level. Her purposeful cueing combined with her creative zeal for the practice makes you both want to be her best friend and work harder for her. I've always walked away from her class feeling more knowledgeable about my body and empowered to tackle whatever life was going to throw at me next."

BECCA Strategist, London

"Jessie is a wonderful, energetic, sympathetic teacher who works in harmony with her students. She has a masterful understanding of how to guide a class of mixed level students through their own individual practices. Watching her teach is like watching a conductor lead an orchestra."